ate	Program	School		Grade enterin	g in Sept 2021		
					g		
treet Address _		City	//Town	Province	Postal code		
	tion Must be Completed i						
	e						
-	Province			Provi			
Postal Code				C			
Phone	Cell:		Phone	Ce	·II		
Employor's N-			Employee's N	<b>am</b> o			
	Employer's Name     Address			Employer's Name Address			
Auuress			Autress				
City	Province		City	Pr	ovince		
Postal Code			Postal Code_				
	e number		Business Phone number				
	ustody arrangements/rest ce will only respond to C						
	T HAVE AN EMERGEN	ICY CONTACTS-	Cannot be Parents	or Individuals that	Reside at Same Addres		
Emergency Co Name							
Relationship to	o child						
Address			_				
Postal Code							
Phone Number	r						
Whom would yo	ou like to care for the chil	d should neither p	arent be able to do	so?			
Physician's Nam	ne, Address and Phone N	umber					
Program	m Start Date	Program Remo	val Date	Re	ason for Leaving		



# Parent Release Form

## Please Read the Following:

I understand the there is a risk of injury associated with participation in physical activities and the use of interactive equipment such as the equipment my child may use at Bulldog Interactive Fitness. I agree to waive any and all claims of liability, release and hold harmless Bulldog Interactive Fitness and its associated companies in the event such injury occurs to my child, meaning I will not sue Bulldog Interactive Fitness or try to hold Bulldog Interactive Fitness legally responsible. In the event of accident or injury when parent, legal guardian, or emergency contacts are not available, I give my permission to Bulldog Interactive Fitness to obtain whatever medical attention it deems necessary and assume all costs associated with such treatment. Bulldog Interactive Fitness is not responsible for any lost or stolen items left at the Bulldog Interactive Fitness premises.

**Please Print** 

Parent/Guardian Name	Contact Numbers
Signature	Date
Participants Names Age Participants Name	Age
I would like to receive periodic emails with	upcoming programs and activities Yes NO
Email Address	

## Photo/Video Release Form

I herby give Bulldog Fitness (the company) permission to produce, use, exhibit, display, distribute and recreate any images or videos taken within or connected to the activities of the company and its derivatives. The permission given includes, but is not limited to, the right to display, distribute and publish said media for any company website, publications, promotional material, marketing and advertising and other such similar means available to the company. Photos will not be sold to other companies.

Parental signature: \_\_\_\_\_ Date: \_\_\_\_\_ Witness

## Sign Out Authorization Form 2021-2022

Child's Name: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Please list the names of people you have authorized to pick up your child:

Name:	Relationship:	
Phone 1:	Phone 2:	
Name:	Relationship:	
Phone 1:	Phone 2:	
Name:	Relationship:	
Phone 1:	Phone 2:	
Name:	Relationship:	
Phone 1:	Phone 2:	
Name:	Relationship:	
Phone 1:	Phone 2:	



## **Physical Activity Readiness Questionnaire (PAR-Q)**

Name:

There are potential risks in any physical activity program. The PAR-Q has been developed to identify people that may be at greater risk, or who should see a physician for advice prior to attending our facility.

#### Parents: Please read the PAR-Q carefully and respond honestly.

Yes No

- □ 1. Has your doctor ever said your child has a heart condition and recommended only medically approved physical activity? П
- □ 2. Does your child lose consciousness or lose his/her balance as a result of dizziness? П
- □ 3. Does your child have a bone or joint problem that could be aggravated by the proposed physical activity?
- □ 4. Is your child's doctor currently prescribing medication for your child? If so, list the medications and the reason for the medication. Any medication requiring dispensing requires a signed form for consent to dispense. Reason for Medication Medication Possible Side Effects
- □ 5. Does your child have food allergies or any other condition of which we should be aware? If yes, state the details below and if an П EPI PEN is required.
- □ 6. If your child requires an EPI PEN you must complete an Anaphylactic Information Form П
- 6. Does your child have any chronic disability or chronic disease? □ Cerebral Palsy □ Hyper-mobility □ Epilepsy or Seizures □ ADD or ADHD □ Obesity Down Syndrome Intellectual Impairment □ Diabetes (type 1 or 2) □ Cystic Fibrosis □ High Cholesterol □ High blood pressure □ Asthma or Emphysema □ Other (please specify) □ 7. In the last year, have there been significant changes in family relationships? П □ Birth □ Marriage □ Death □ Divorce □ Separation □ Legal Custody 8. Does your child have, or has your child had, an eating disorder? П 9. Does your child have particular fears? If yes, please indicate:
- □ 10. Does your child have one to one (EA)/ Educational Assistant at school or during camp? П If Yes, please specify; 
  □ Full Time 
  □ Part time 
  □ Behavioral support 
  □ Educational support Outline reasons for EA, any triggers, responses etc. and include any information the staff could use to ensure a positive outcome. An additional page has been provided for greater detail.
  - □ 11. Is your child up to date in all immunizations? If No, please explain
    - 12. Are there any specific requirements regarding rest?

13. Informed consent.

I, the undersigned, acknowledge on behalf of my child that there are potential risks in physical activity

programs. I assume those risk and consent to the proposed participation in this program. I, or any person claiming through me or on my behalf, do hereby release Bulldog Fitness and their officers, employees or agents, from all claims for loss, injury or damage to persons and property while participating in this program, or traveling to or from this program, except when the facility and/or its agents are negligent.

- I hereby acknowledge that:
- □ The information provided above regarding my child's health is, to the best of my knowledge, correct.
- □ I will inform you immediately if there are any changes to the information provided above.
- □ I give permission for my child to commence your physical activity program.

Parental signature:	Date:		
Bulldog Staff signature:	Date:		

NOTE: If you answered YES to any question from 1 through 8, consult your doctor before sending your child to Bulldog Interactive Fitness. Failure to do so may increase your child's injury/health risk of participating at the facility Every effort will be made to meet the support needs as required however Bulldog reserves the right to decide whether the program is suitable and if accommodations are required and met to keep the child safe.

Behaviour Management Form- use only if your child needs accommodations Please describe any challenges your child/youth may have in managing their behavior and how you address these circumstances and cope with these at home (self abuse, aggression, screaming, excessive crying etc.)

В	ehavior		Usually caused by		Strategies or approaches used at home			
Activities Blasso outling what activities your shild onions both independently and with other shildren								
Please outline what activities your child enjoys both independently and with other children								
Motivators								
Foods	Activities	Objects	Always	Usually	Sometimes	Not at all		
Please note; If your child requires direct assistance with self care (toileting or eating), has a tendency to run away, a one to one worker must be provided (at your expense and arrangement). Please note: Bulldog, is presently unable to provide one to one care. Bulldog will direct you to an agency who will assist in completing any necessary forms. Please detail any other information we may need to ensure the safety and well being of your child/youth. (Limitations, special								
equipment, other support needs)								
Parent Signature			Date:					